


# BC Foster Care Education Program Fall 2019

CODE	VICTORIA		COWICHAN		PORT ALBERNI		COURTENAY		CAMPBELL RIVER
S1-1	M Oct 7	6:30pm-9:30pm			W Oct 2	6:30pm-9:30pm	M Oct 7	6:30pm-9:30pm	Coming later this fall.
S1-2	M Oct 21	6:30pm-9:30pm			W Oct 9	6:30pm-9:30pm	M Oct 21	6:30pm-9:30pm	
S1-3	M Oct 28	6:30pm-9:30pm			W Oct 16	6:30pm-9:30pm	M Oct 28	6:30pm-9:30pm	
S1-4	M Nov 4	6:30pm-9:30pm			W Oct 23	6:30pm-9:30pm	M Nov 4	6:30pm-9:30pm	
S1-5	M Nov 18	6:30pm-9:30pm	Cowichan Lalum'utul' Smun'eem 5766 Allenby Road		W Oct 30	6:30pm-9:30pm	M Nov 18	6:30pm-9:30pm	
S1-6	M Nov 25	6:30pm-9:30pm			W Nov 6	6:30pm-9:30pm	M Nov 25	6:30pm-9:30pm	
S1-7a			M Oct 7	6:30pm-9:30pm	To register for modules in all areas of Vancouver Island, contact Eva Vowles in the Regional Office at 1-888-922-8437 or <a href="mailto:bcfce@fpsss.com">bcfce@fpsss.com</a> .				
S1-7b			M Oct 21	6:30pm-9:30pm					
S1-8a			M Oct 28	6:30pm-9:30pm					
S1-8b			M Nov 4	6:30pm-9:30pm					
S1-9a			M Nov 18	6:30pm-9:30pm					
S1-9b			M Nov 25	6:30pm-9:30pm					
CODE	VICTORIA		NANAIMO		<b>BC Foster Care Education Program</b> BCFCCE is the 53-hour training program that all foster parents in BC must complete. On Vancouver Island, this training is provided by Foster Parent Support Services Society. Registrations for all BCFCCE classes on Vancouver Island must be made through the Regional office. It is important that foster parents register early for classes they plan to attend; if minimum registration numbers are not reached prior to classes beginning, classes may be postponed. FPSS invites foster parents to register for the BCFCCE program by contacting the Regional Office in Victoria.				
S2-1	<i>Be strong enough to stand alone,                      smart enough to know when you                      need help, and brave enough to                      ask for it.</i>		M Oct 7	9:30am-12:30pm					
S2-2			M Oct 21	9:30am-12:30pm					
S2-5			M Oct 28	9:30am-2:30pm					
S2-3			M Nov 4	9:30am-12:30pm					
S2-4			M Nov 18	9:30am-12:30pm					
	Victoria FPSS Society Office 145-735 Goldstream Avenue		Nanaimo Oliver Woods Community Centre 6000 Oliver Road		Port Alberni Best Western Barkley 4277 Stamp Avenue		Courtenay CVCD Centre 237 Third Street		Campbell River TBA

### **Series 1: 36 hours / 9 modules:**

Each module threads together core themes of teamwork, child and youth development, communications, guiding children's behaviour, family support, diversity and inclusion, and the Ministry of Children and Family Development Guardianship Model. In many cases, modules will refer to or draw upon content from previous modules so it is recommended that Series 1 modules be taken in the sequence below.

#### **S1 - 1 Caring for Children: Overview—3 hours**

The first module provides an overview of the training program with an emphasis on MCFD's Guardianship Model, the concept of teamwork, and the roles and responsibilities of those providing care to children. Common themes for successive modules are introduced. Themes include child and youth development, developing relationships and communication skills, guiding children's behaviour, supporting families, and respecting the diversity of children and families.

#### **S1 - 2 Communication Skills & Self-Awareness—3 hours**

This module addresses why effective communication skills are foundational to caregiving relationships with children, youth, families, and members of the child care team. The importance of how self-awareness impacts our communication and relationships with others is emphasized.

#### **S1 - 3 Effects of Caregiving—3 hours**

Learners explore the possible impacts of caregiving on the foster family and on self. Relationships within neighbourhood and community are also discussed. The signs and sources of stress will be addressed, as well as methods for managing them.

#### **S1 - 4 The Child's Family—3 hours**

This module emphasizes the importance of family to the child and promotes an understanding of the child's family. The caregiver's role in working with and involving the child's family is explored.

#### **S1 - 5 Observing, Recording, & Reporting—3 hours**

This module addresses the importance of communicating succinct, accurate, and relevant information to the child's worker and other professionals involved with the child. Participants will learn about the benefits and purposes of observing and recording, describe the differences between behavioural description and behavioural interpretation, identify what is relevant to record in a daily log, and discuss when to report relevant information to the appropriate member of the care team.

#### **S1 - 6 Child and Youth Development—3 hours**

This module helps caregivers understand how children and youth develop and grow, and will explore potential influences on their development. Participants will learn how to support the growth and development of children and youth placed in their care.

#### **S1 - 7 Attachment, Separation, & Loss—6 hours**

A child being placed in foster care can experience separations from his parents, family members, and other significant people who affect their development and behaviour. In this module, the learner will focus on understanding attachment and loss of attachment through discussion in

small groups and through the use of case studies. Participants will also learn to promote healthy attachments in the children/youth in their care.

#### **S1 - 8 When Children Experience Abuse & Neglect—6 hours**

Learners will explore how to recognize the symptoms and indicators of abuse and neglect and the effect on children. Emphasis will be placed on learning ways to deal positively with reactions and feelings about child abuse and how to identify and respond to the needs of abused and neglected children. Understanding how to support a child who is disclosing will be discussed.

#### **S1 - 9 Guiding Behaviour of Children & Youth—6 hours**

This module will introduce ways of understanding and guiding behaviours using a child/youth-centred approach. Learners will explore ways of understanding and being with children and youth where behaviours may present challenges.

### **Series 2: 17 hours / 5 modules:**

While it is recommended that Series 2 be taken after completing Series 1, it is not a requirement.

#### **S2 - 1 Cultural Responsiveness—3 hours**

Learners will explore how caregivers can welcome and be mindful of the diversity of children and youth-in-care. Learners will address the importance of maintaining cultural identity for children's healthy development and will learn supportive ways to respond to children's social and cultural experiences.

#### **S2 - 2 Aboriginal Children in Care—3 hours**

In this module, learners explore the importance of understanding and integrating the child's Aboriginal culture in ways that promote and enhance the well-being of Aboriginal Children in care. Learners will address the variety of cultural heritages of Aboriginal people within their own region and will learn how to access local Aboriginal resources.

#### **S2 - 3 Substance Misuse Awareness—3 hours**

Learners will explore the varying degrees of substance use, the indications of substance misuse, and the factors that may contribute to misuse. Participants will learn ways to assist and support a child or youth that misuses substances. Access resources dealing with substance misuse will be discussed.

#### **S2 - 4 An Introduction to Fetal Alcohol and Neonatal Abstinence Syndromes—3 hours**

This module provides caregivers with some factual information about the effects of prenatal exposure to alcohol on the development of children. Neonatal Abstinence Syndrome will also be introduced. Attention will also be given to understanding the implications of caring for children whose development and behaviours may be influenced by this condition and how to respond and support the needs of these children.

#### **S2 - 5 Suicide Awareness—5 hours**

Through the use of lecture, experiential exercises, video and group discussions, emphasis will be placed on warning signs, risk assessment, response mechanisms, and where to get help.