

# SAFE BABIES

## Foster Parent Training Program

*An education program for families and caregivers of infants  
exposed prenatally to drugs and/or alcohol*

### RESOURCES



## References:

### **Module 1: Introduction**

General FASD DVD (most foster parent support groups have a general DVD. Check in the FASD toolkit for choices)

Health Link BC FASD fact sheet

<https://www.healthlinkbc.ca/hlbc/files/documents/healthfiles/hfile38e.pdf>

### **Module 2: Understanding Women and Addictions**

Women and Alcohol: A women's health resource

<http://www.health.gov.bc.ca/library/publications/year/2010/bcstats-hcip-report.pdf>

Apprehensions: Barriers to treatment for substance using mothers – Nancy Poole and Barbara Isaac (2001)

<http://www.bccwh.bc.ca/publications-resources/documents/apprehensions.pdf>

Barriers exercise

BC Women's Hospital Abuse Response Program

Best practices approaches: Child protection and violence against women: A curriculum for child protection workers, prepared for Ministry of Children and Family Development

[https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/public-safety/protecting-children/best\\_practice\\_approaches\\_policy.pdf](https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/public-safety/protecting-children/best_practice_approaches_policy.pdf)

Centre for Addiction and Mental Health – Addiction: An information guide (2007)

[http://www.camh.net/About\\_Addiction\\_Mental\\_Health/Drug\\_and\\_Addiction\\_Information/Addiction\\_Information\\_Guide/index.html](http://www.camh.net/About_Addiction_Mental_Health/Drug_and_Addiction_Information/Addiction_Information_Guide/index.html)

DVD: ActNow BC Healthy Choices in Pregnancy DVD

Supporting change: Preventing fetal alcohol spectrum disorder

Highs and Lows: Canadian Perspectives on Women and Substance Use (N. Poole and L. Greaves, Eds).

<http://www.cwhn.ca/en/node/39425>

With Child: Substance Use During Pregnancy, A Woman-Centred Approach (S. Boyd and L. Marcellus, Eds.). 2007.

<http://www.cwhn.ca/en/node/40301>

### **Module 3: The Impact of Substance Abuse During Pregnancy**

Perinatal Services BC clinical guidelines

<http://www.perinatalervicesbc.ca/health-professionals/guidelines-standards>

Caring for women with problematic substance use, their newborns & families: A self-directed learning module / Seymour, Laurie; Payne, Sarah; BC Women's Hospital & Health Centre / 2006

### **Module 4: Partnership with Birth Families**

A Sense of Belonging: Supporting Healthy Child Development in Aboriginal Families

Best Start: Ontario's Maternal, Newborn and Early Child Development Centre (2006)

[https://www.beststart.org/resources/hlthy\\_chld\\_dev/pdf/aboriginal\\_manual.pdf](https://www.beststart.org/resources/hlthy_chld_dev/pdf/aboriginal_manual.pdf)

Aboriginal children's health: Leaving no child behind

[http://www.unicef.ca/sites/default/files/imce\\_uploads/DISCOVER/OUR%20WORK/ADVOCACY/DOMESTIC/POLICY%20ADVOCACY/DOCS/Leaving%20no%20child%20behind%2009.pdf](http://www.unicef.ca/sites/default/files/imce_uploads/DISCOVER/OUR%20WORK/ADVOCACY/DOMESTIC/POLICY%20ADVOCACY/DOCS/Leaving%20no%20child%20behind%2009.pdf)

Cultural safety in practice with children, families and communities (Ball, UVIC)  
<http://www.ecdip.org/culturalsafety>

Ensuring the healthy development of infants in foster care: A guide for judges, advocates and child welfare professionals. Zero to Three Policy Center (2004)  
<http://www.courts.state.ny.us/ip/justiceforchildren/PDF/Infant%20Booklet.pdf>

Infants in the child welfare system: A developmental framework for policy and practice. Brenda Jones Harden (2007). Zero to Three

Parenting with FASD: Challenges, strategies and supports. Rutman, La Berge & Wheway (2005)

Substance exposed infants: State responses to the problem (2009)  
U.S. Substance Abuse and Mental Health Services Administration  
<http://www.ncsacw.samhsa.gov/files/Substance-Exposed-Infants.pdf>

Visitation with infants and toddlers in foster care: What judges and attorneys need to know. Zero to Three Policy Center (2007)  
<http://www.abanet.org/child/policy-brief2.pdf>

#### **Module 5: Withdrawal in the Newborn and Related Health Issues for Infants**

Baby's Best Chance (2017)  
BC Ministry of Health  
<http://www.health.gov.bc.ca/library/publications/year/2017/BabysBestChance-Sept2017.pdf>

Toddler's First Steps (2008)  
[http://www.llbc.leg.bc.ca/public/PubDocs/bcdocs/437200/TFS\\_Intro.pdf](http://www.llbc.leg.bc.ca/public/PubDocs/bcdocs/437200/TFS_Intro.pdf)

#### **Module 6: Neurodevelopmental Support for the Substance-exposed Infant**

A Simple Gift: Comforting Your Baby (2008): Summary for caregivers after viewing and discussing on line video from Sick Kids Infant Mental Health Program  
<https://www.sickkids.ca/pdfs/IMP/16099-IMPComfortingBabySummary08.pdf>

Handbook on Infant Mental Health (2009). Charles Zeanah, Ed. Guilford Press.

I Am Your Child DVD and Parent Educator Manual  
[https://www.parentsaction.org/wp-content/uploads/2017/04/IAYC\\_FirstYears-bklt-Eng.pdf](https://www.parentsaction.org/wp-content/uploads/2017/04/IAYC_FirstYears-bklt-Eng.pdf)

The Out-Of-Sync Child: Recognizing and coping with sensory processing disorder (2005). Carol Stock Kranowitz

The Out-Of-Sync Child Has Fun: Activities for kids with Sensory Processing Disorder (2006) Carol Stock Kranowitz

Infants in the child welfare system: A developmental framework for policy and practice.  
Brenda Jones Harden, 2007, Zero to Three

Young children and foster care: A guide for professionals  
Judith A Silver, Barbara J. Amster, Trude Haecker (1999)

Steps in the right direction: Connection and collaborating in early intervention therapy with Aboriginal families and communities in British Columbia (2007). Alison Gerlach

CECW Assessing Emotional Neglect in Infants-

<http://cwrp.ca/sites/default/files/publications/en/EmotionalNeglectInfants59E.pdf>

CECW- Attachment disorder -

<http://cwrp.ca/sites/default/files/publications/en/AttachmentDisorder37E.pdf>

CECW Emotional Trauma in Infancy-

<http://cwrp.ca/sites/default/files/publications/en/InfantTrauma75E.pdf>

CECW Supporting healthy attachment: An overview for child welfare practitioners-

<http://cwrp.ca/sites/default/files/publications/en/Healthyattachment56E.pdf>

CECW supporting the social-emotional development of infants and toddlers in foster care-

<http://cwrp.ca/sites/default/files/publications/en/EmoNeedsFoster60E.pdf>

Understanding the Effects of Maltreatment on Brain Development-

[https://www.childwelfare.gov/pubPDFs/brain\\_development.pdf](https://www.childwelfare.gov/pubPDFs/brain_development.pdf)

#### **Module 7: Caring for Substance-exposed Infants: A Foster Parent's Perspective**

Dozier, M., Higley, E., Albus, K., & Nutter, A. (2002). Intervening With Foster Infants' Caregivers: Targeting Three Critical Needs. *Infant Mental Health Journal, 23*(5), 541-554.

Marcellus, L. (2008). (Ad)ministering Love: Foster Families Caring for Infants with Prenatal Substance Exposure. *Qualitative Health Research, 18*(9), 1220-1230.

[https://www.researchgate.net/publication/23158294\\_Administering\\_Love\\_Providing\\_Family\\_Foster\\_Care\\_to\\_Infants\\_With\\_Prenatal\\_Substance\\_Exposure](https://www.researchgate.net/publication/23158294_Administering_Love_Providing_Family_Foster_Care_to_Infants_With_Prenatal_Substance_Exposure)

Marcellus, L. (2006). Foster Care Services for Infants with Prenatal Substance Exposure: Developing Capacity in the Care-Giving Environment. *Promoting Resilient Development in Children Receiving Care Conference Proceedings*. Ottawa: Child Welfare League of Canada.

Marcellus, L. (in press). Supporting Resilience in Foster Families: A model for program design that supports recruitment, retention and satisfaction of foster families who care for infants with prenatal substance exposure. Child Welfare.

Miedema, B. (1999). *Mothering for the State: The Paradox of Fostering*. Halifax: Fernwood Publishing.

Silver, J., Amster, B., & Haecker, T. (1999a). *Young Children and Foster Care: A Guide for Professionals*. New York: Brookes.

Stages of Greif

[http://fosteringperspectives.org/fp\\_vol1no2/articles/stages\\_of\\_grief.htm](http://fosteringperspectives.org/fp_vol1no2/articles/stages_of_grief.htm)

The Cost of Caring: Secondary traumatic stress and the impact of working with high risk children and families (Bruce Perry, 2003)

[https://childtrauma.org/wp-content/uploads/2014/01/Cost\\_of\\_Caring\\_Secondary\\_Traumatic\\_Stress\\_Perry\\_s.pdf](https://childtrauma.org/wp-content/uploads/2014/01/Cost_of_Caring_Secondary_Traumatic_Stress_Perry_s.pdf)

# Catalogue of Websites

## **Module 1: Introduction**

Health link BC

<https://www.healthlinkbc.ca/>

## **Module 2: Understanding Women and Addictions**

Health Gov BC

<https://www2.gov.bc.ca/gov/content/health>

Center of Excellence for Women's Health

<http://bccewh.bc.ca/>

BC Gov

<https://www2.gov.bc.ca/>

National Film Board

<https://www.nfb.ca/>

Center of Addictions and Mental Health

<https://www.camh.ca/en/hospital/Pages/home.aspx>

Canadian Women's Health Network

<http://www.cwhn.ca/>

CanFASD

<https://canfasd.ca/>

## **Module 3: The Impact of Substance Abuse During Pregnancy**

Perinatal Services BC

<http://www.perinataleservicesbc.ca/>

Western Health

<http://westernhealth.nl.ca/>

## **Module 4: Partnership with Birth Families**

Best Start

<https://www.beststart.org/>

Unicef

<https://www.unicef.ca/en>

## **Module 5: Withdrawal in the Newborn and Related Health Issues for Infants**

BC gov Health

<https://www2.gov.bc.ca/gov/content/health>

Period of PURPLE crying  
<http://www.purplecrying.info/>

BC Hospital  
<http://www.bcchildrens.ca/>

Canadian Pediatric Society  
<https://www.cps.ca/en/>

#### **Module 6: Neurodevelopment Support for the Substance-Exposed Infant**

Sick Kids  
<https://www.sickkids.ca/>

Canadian Child Welfare Research Portal  
<http://cwrp.ca/sites/default/files/publications/en/>

Child Welfare Information Gateway  
<https://www.childwelfare.gov/>

#### **Module 7: Caring for Substance-Exposed Infants: A Foster Parent's Perspective**

Child Trauma Academy  
<http://childtrauma.org/>

Fostering Perspectives  
<http://fosteringperspectives.org/>

## Agencies

Abbotsford Community Services

<https://www.abbotsfordcommunityservices.com/>

Adoptive Family Association of BC

<https://www.bcadoption.com/>

Axis Family Recourses

<http://axis.bc.ca/>

BC Center for Disease Control

<http://www.bccdc.ca/>

BC Center for Excellence for Women's Health

<http://bcewh.bc.ca/>

BC Federation of Foster Parent Associations

<https://bcfosterparents.ca/>

BC MCFD- Ministry of Child and Family Development

<https://www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/children-and-family-development>

Canadian Institute of Child Health

<https://cich.ca/>

Canadian Pediatric Society

<https://www.cps.ca/en/>

Community Bridge

<http://communitybridge.ca/>

Federation of BC Youth in Care Networks

<http://fbcyicn.ca/>

Foster Parent Support Service Society

<http://fpsss.com/>

Grandparents Raising Grandchildren

<http://www.parentsupportbc.ca/for-grandparents/>

Hollyburn Family Services

<https://www.hollyburn.ca/>

Indigenous Perspectives Society

<http://ipsociety.ca/>

Interior Community Services

<http://www.interiorcommunityservices.bc.ca/>

Okanagan Foster Parent Association

<http://www.okfosterparents.ca/>

PRIMA- Pregnancy Related Issues in the Management of Addictions

<http://www.addictionpregnancy.ca/>

Surrounded by Cedar

<http://www.surroundedbycedar.com/>



## DVDs/Videos

Bevel up

[https://www.nfb.ca/film/bevel\\_up\\_drugs\\_users\\_and\\_outreach\\_nursing/](https://www.nfb.ca/film/bevel_up_drugs_users_and_outreach_nursing/)

Child Development Media

<http://www.childdevelopmentmedia.com/>

I am your Child Video

<https://www.parentsaction.org/videos/>

A simple gift

<http://www.childdevelopmentmedia.com/home-visiting/a-simple-gift-comforting-your-baby-video/>

Period of PURPLE Crying

<https://www.dontshake.org/purple-crying>