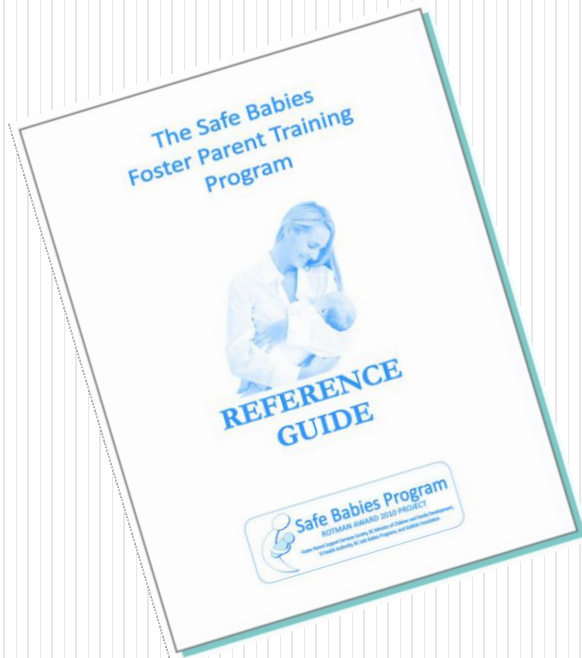


# Safe Babies Foster Parent Training Program

## TRAIN THE TRAINER - Day 2



### PROGRAM PROUDLY PARTNERED BY:

**Foster Parent Support Services Society  
BC Ministry of Children and Family Development  
VI Health Authority  
VI Safe Babies Collaborative Planning Committee  
BC Safe Babies Programs  
and SickKids Foundation**

# Day 2 Agenda

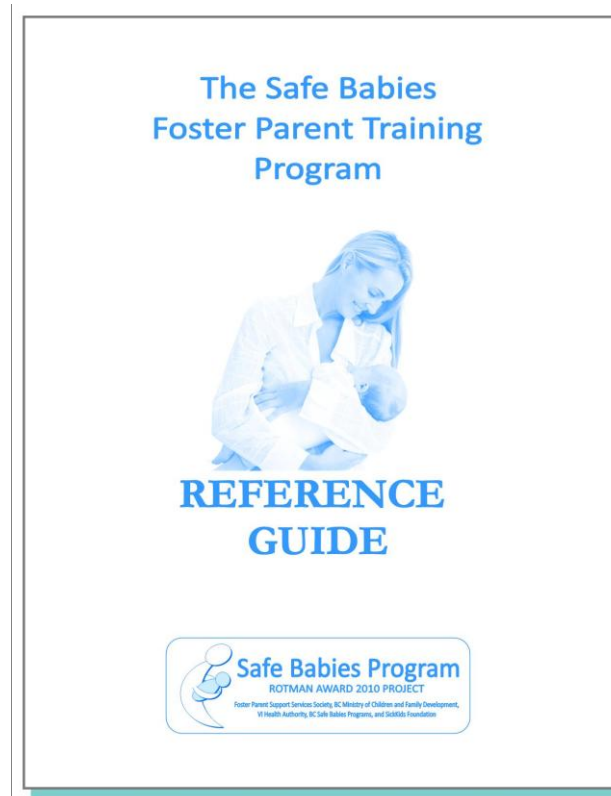
1. Overview of Safe Babies Foster Parent Training Curriculum
2. Introduction of the Facilitator's Tool Kit
3. Group Activity
4. Next steps
5. Closing comments and evaluations

# Ground rules reminder

- Right to own beliefs and opinions
- Equality for all in sharing ideas and participating in group discussions
- Share your gems with the group
- Put-downs, criticisms of ideas, individuals or groups are not appropriate
- Evaluate – your feedback on what worked and what didn't is needed
- Confidentiality is maintained at all times
- Time is precious – we will start and end on time



# Introduction of the Safe Babies Foster Parent Training Program – Reference Guide



# Training Overview

## Day 1:

1. Introduction
2. Understanding the impact of substance misuse during pregnancy
3. The effects of alcohol and other drugs
4. Women and addictions

## Day 2:

1. Acute withdrawal in the newborn
2. Health issues for the substance exposed infant
3. Partnership with birth families
4. Aboriginal infant care and parenting practices



# Training Overview continued

## Day 3:

1. Neurodevelopment support
2. Infant massage
3. Case scenarios

## Day 4:

1. Prenatal substance exposure and toddlers
2. Documentation
3. Care for the caregiver
4. CPR



# Introduction of the **TRAINER** **RESOURCE TOOL KIT**



# Group Activity

- Divide into four groups – with a balanced blend of foster parents, social workers, community partners/contractors
- Your group will be assigned a Day 1,2,3 or 4 of training
- Each group will be provided with a facilitator's guide and a participant's guide to assist you with your activity
- Additionally each group will have a facilitator's tool kit to explore and assist you with your activity



# Group Tasks *(handout)*

1. Establish the size of your class and the possible size of community(ies) the participants represent.
2. Identify the key topics you will be facilitating for the day.
3. Identify and describe who the potential guest speakers might be for the day and what topic he/she will be covering.
4. Describe the different types of learning styles that may be used during the day and the associated topic.
5. Identify which of the items from the facilitator's tool kit you may anticipate using and why.
6. Identify any potential challenges both from a facilitator and a participant perspective.
7. Identify some of the key threads and or principles you will be using throughout the day.

# Group Objectives and Principles *(handout)*

1. Each group will have a minimum of 1.5 hours to complete the activity.
2. Establish group guidelines, i.e. how you will work together; if there will be a leader, recorder, presenter, etc.
3. Remember to incorporate basic facilitator responsibilities into your assigned day of training.
4. Try to be flexible to the needs and the learning styles of your participants.
5. Present the synopsis of your day of training in at least three different presentation styles . **Allow 10 minutes maximum for your presentation.**

# Group Presentations



# Wrap Up

- Review of 2-day training
- Question and Answer period
- Next Steps
- Completion of Evaluation forms

*Thank you for your participation!*

