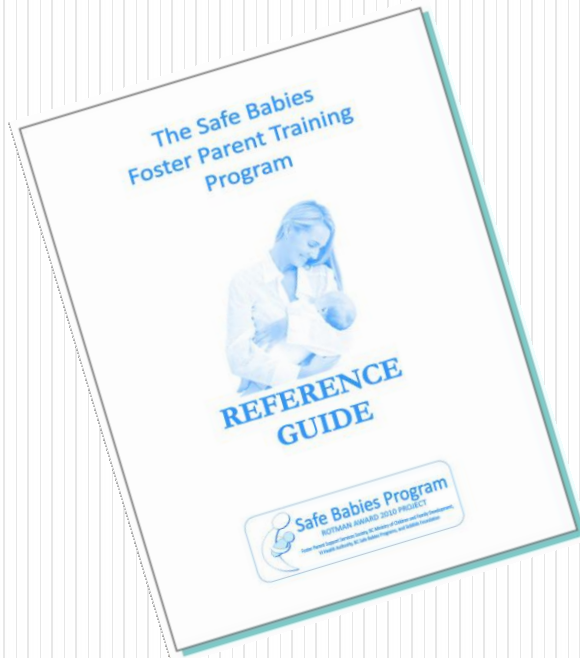


# Safe Babies Foster Parent Training Program

## TRAIN THE TRAINERS – Day 1



### PROGRAM PROUDLY PARTNERED BY:

**Foster Parent Support Services Society  
BC Ministry of Children and Family Development  
VI Health Authority  
VI Safe Babies Collaborative Planning Committee  
BC Safe Babies Programs  
and SickKids Foundation**

# Overview of Training

- Welcome and housekeeping
- Introductions
- Training Objectives
- Establish group ground rules



# Housekeeping

- Coffee breaks and lunch
- Location of bathroom
- Parking information
- Registration sheets
- Evaluations

# Introduction of participants

- Welcome
- Please introduce yourself, your community, your current role (foster parent, social worker, community partner/service provider) and agency
- Question: *“What do you hope to acquire from this training, and what would you like to share with this group?”*



# Training Objectives

- To provide the evolution and purpose of the Safe Babies Program
- To provide a broader knowledge and scope for community support and involvement in caring for substance exposed infants
- To provide a foundation of information and skills required to facilitate a Safe Babies Program to caregivers and associated professionals (social workers, community partners and service providers)
- To provide an overview of the program content and the available resources that may enhance the learning environment

# Group ground rules

- Right to own beliefs and opinions
- Equality for all in sharing ideas and participating in group discussions
- Share your gems with the group
- Put-downs, criticisms of ideas, individuals or groups are not appropriate
- Evaluate – your feedback on what worked and what didn't is needed
- Confidentiality is maintained at all times
- Time is precious – we will start and end on time



# Day 1 Agenda

- Evolution of Safe Babies Program
- Objectives of Safe Babies Education Program
- Assessing and Developing Community Capacity
- Basic Facilitation Skills

# Day 2 Agenda

- Overview of Safe Babies Education Curriculum
- Introduction of the Facilitator's Tool Kit
- Group Activity
- Next steps
- Closing comments and evaluations



# Evolution of Safe Babies Program

Circa	
1996	Baby Molly
1997	BC Children's Commission and MCFD review of infants in care - recommendations
1998	Pilot project introduced in Victoria
2000	Gradual expansion across the province
2003	Regional foster parent support agencies contracted to provide peer support and/or training for foster parents
2007	Vancouver Island Safe Babies Collaborative Planning Committee is formed to review program re succession planning & sustainability
2009	Revision of curriculum
2010	Rotman Award

# BC Children's Commission recommendations

- Reform foster care system – specialized training, support and respite
- Education for professionals and families on the treatment of infants with FASD/NAS
- Education for professionals and families about Shaken Baby Syndrome
- Consideration of placement with extended family members

# Victoria MCFD internal review recommendations:

- Develop a joint protocol between MCFD and the hospital to guide planning for the discharge of high risk infants
- Recruit foster parents with an interest and ability to care for special needs children
- Develop a network of support for professionals and foster families
- Place babies with NAS with specially trained foster families

# Overall objective of training program

- To provide foster parents, social workers and other community professionals with the knowledge and skills required to care for substance-exposed infants, providing:
- An optimal physical, social, emotional and safe environment;
- An opportunity to maximize early child development; and
- Minimal potential for harm such as Shaken Baby Syndrome

# Assessing and Developing Community Capacity

- Opportunity for assessing current community capacity
- Hands on opportunities
- Continuing education
- Mentoring
- Support through foster parent support services and other community partners



# Basic Facilitation Skills

- Role of facilitator
- Basic responsibilities
- Giving and receiving feedback
- Facilitation challenges
- Recap and next steps



# Basic Facilitation Skills



- What is the role of the facilitator?
  - The facilitator's task is to ensure a team or a group of people:
    - a) *“experience all the advantages and*
    - b) *avoid the potential disadvantages”*

and so performs as a *synergistic* team creating excellent outcomes

# Basic Responsibilities

- Clarify objectives
- Ensure full participation
- Stay on track
- Stay on time
- Clarify understanding
- Ensure commitments to action
- Recap

